

'Procrastination is Wisdom' - Dan Sullivan**Episode 885: Show Notes.**

In doing business, there are moments when you set a goal or a plan but you do not have the time to execute it and end up procrastinating. Procrastination is, most often than not, seen as a negative action. But, there's a way to turn this into something positive and to your advantage. In this episode, Whitney shares how the book *Who Not How: The Formula to Achieve Bigger Goals Through Accelerating Teamwork* helped him turn procrastination into wisdom by finding the "who." Sometimes it's natural to have a do-it-all-yourself mindset but there is somebody who can help you accomplish your goals while they accomplish theirs. If you are at a point where you are facing a hurdle in your goals and you are procrastinating, then this show might just help you overcome it so tune in!

Key Points From This Episode:

- The definition of procrastination
- How to overcome mountains or hurdles by finding the "who"
- Understanding that people have different skill sets
- Figure out what you are procrastinating about
- My tips on how you can turn your procrastination into wisdom and take advantage of that

Tweetables:

"We need someone who's that "who" that can help us to stay organized, help us to be where we need to be, thinking ahead of us." **[0:06:49]**

"What is that thing that you are procrastinating today that you need to find someone else to do that thing for you? And you know, it's so hard to believe but more times than not, they're gonna do better than you would anyway." **[0:07:30]**

"It's just amazing what happens when you know you find someone that's an expert, that can complete that task, and it pushes your business forward, and you do not have to think about it anymore." **[0:07:45]**

"Turn that procrastinating into wisdom so you can take advantage of that. Clear that off your mind so you can focus on what your skill sets are, what your unique abilities are, and push those further." **[0:09:12]**

Links Mentioned in Today's Episode:

[Whitney Sewell on LinkedIn](#)

[Whitney Sewell on Twitter](#)

[Whitney Sewell on Facebook](#)

[Who Not How: Accelerating Teamwork](#)

About Whitney Sewell

Founder of Life Bridge Capital LLC, Whitney Sewell began his real estate investing career in 2009. Whitney's passion is working with investors, helping them secure financial security via the exceptional opportunities that multifamily syndication offers. Whitney hosts the Real Estate Syndication Show, a daily podcast where he has now interviewed over 600 experts providing cutting-edge tools and strategies for the syndication business. Whitney and his wife, Chelsea, are on a mission to help other families through the process of adoption. They have personally endured the financial burdens that the process puts on families and have committed 50% of their profits to this goal. Whitney and Chelsea have three children by adoption.

END OF SHOW NOTES

SOCIAL MEDIA POSTS**Facebook**

Do you have goals or plans that you are currently putting off doing action about or simply procrastinating? If your answer is yes, then tune in tomorrow to know how you can turn your procrastination into something positive.

Twitter (280-character limit)

Have you ever felt overwhelmed because you have a lot on your plate? Whitney Sewell shares how you can unload some tasks by finding the “who” or the people who can help you accomplish your goals while they accomplish theirs. That’s tomorrow on The Real Estate Syndication Show.

LinkedIn

Successful businessmen and entrepreneurs can delegate tasks to people. Whitney Sewell shares how you can do it too by finding the “who” or the right person to help you accomplish your goals. Don’t miss that episode tomorrow!

Instagram

Some view procrastination as a form of self-regulation by delaying actions. Tomorrow, Whitney Sewell talks about how you can turn procrastination into a positive one. You don’t want to miss that so tune in!